You invite comment and yet make it unreasonably difficult to get past the rhetoric to fin d the heart of the issue. I still am not sure if the following is what is expected or appropriate in this situation.

I am dismayed by much of what is on TV, both in commercials and episodic content. I think there should be limitations on what is offered, especially between the hours of 7:00 AM and 9:00 PM, the hours most likely for children to be viewing. Although there are still some problems, the movie industry has done a much better job rating their product than has TV. Sit-coms are the worst.